



Security 'tweaks' could come: Kerry

U.S. Secretary of State visits Ottawa in show of solidarity
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A son, and a country, say goodbye

'We love your dad.'

Marcus Cirillo, 5, bravely attends his father's funeral

It was a hat just like his dad's, a special gift from his father's regiment — the kind given when there are simply no words, least of all for five-year-old child.

With its distinctive red-and-white checker pattern, the Glengarry cap was the same type his dad proudly wore with Hamilton's Argyll and Sutherland Highlanders, the one that topped the uniform of 24-year-old Cpl. Nathan Cirillo as he guarded the National War Memorial, the one that would soon be placed on the soldier's coffin.

And so Marcus Cirillo, dressed in a child-size suit with a poppy pinned to his lapel, donned the hat just like his dad's, then bravely marched through Hamilton's streets as he, and the country now watching, said goodbye Tuesday.

Up ahead, soldiers in a sombre procession walked alongside the flag-draped casket, thousands looking on. Marcus watched their slow,



Cpl. Nathan Cirillo's son, Marcus, is carried along the procession route. A full military funeral was held Tuesday for the boy's father, the soldier who was shot to death while standing guard at the National War Memorial last Wednesday. More coverage, pages 10 & 11.

RICHARD LAUTENS/TORSTAR NEWS SERVICE

deliberate steps, then began taking his own, carefully lifting one foot at a time, mimicking the march.

Inside Christ's Church Cathedral, packed with his father's

family, comrades and dignitaries, the small boy settled into the lap of a loved one as tribute was paid to the soldier killed in Ottawa last week.

"May his son, young Marcus

Daniel Cirillo, someday find comfort in the fact that our entire country looks up to his dad with pride, with gratitude, with deep abiding respect," said Prime Minister Stephen

Harper.

For now, it may be task enough to understand that dad is not just away at a weekend army training exercise, not out of town on a temporary assign-

ment.

No one who can replace the man described as a "kid at heart," the person who was not just Marcus' dad, but his friend, said relative Jenny Holland.

But where Cirillo once found a strong, united family so, too, will his son. Fellow Argylls will step up, assures long-time friend and fellow soldier Ryan Weinberger, one of Cirillo's pallbearers. They'll take Marcus to the park, out for dinner. They'll be there for him.

The regiment family, Weinberger said, "only gets stronger when members pass away."

"We're not only family," said Lt.-Col. Lawrence Hatfield, commanding officer of the Argylls. "We're a clan."

After the ceremony, as a hearse prepared to take Cirillo's body away, Marcus was buckled into the backseat of a nearby car, and the crowd gathered outside the church yelled in through the car's open window. "We love your dad," someone said.

Marcus perked up, his eyes peeking over the edge of window, out from under the hat just like his dad's.

He lifted his hand and waved a small Canadian flag.

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Canada-U.S. security tweaks needed: Kerry

Showing American solidarity. Top U.S. diplomat came to Ottawa on Tuesday

The United States and Canada aim to tweak their security relationship, but U.S. Secretary of State John Kerry says that's not a sign of any shortcoming that emerged from last week's fatal attacks on Canadian soldiers.

The top U.S. diplomat came to Ottawa for the day to show Americans' solidarity with their Canadian friends and top ally.

He delivered that message with a mix of élan and gravitas, at a joint press conference in the foyer of Foreign Affairs headquarters, opening his remarks in flawless French by thanking his "cher ami," Foreign Affairs Minister John Baird.

Kerry said Canada and the U.S. would "work quietly and carefully in the next days and months" to strengthen an already close security relationship.

"Canada and the United States are now in discussions — not with any sense that things weren't done, or that there is some information that we didn't somehow share or have — but rather with a view to making certain that every possible stone is turned over, every possible policy is reviewed because our obligation, obviously, is to protect our citizens," Kerry explained.



U.S. Secretary of State John Kerry places a wreath at the National War Memorial in Ottawa on Tuesday. At second right is Naval Attache for the U.S. Embassy Charles J. Cassidy, as Foreign Affairs Minister John Baird, right, looks on. SEAN KILPATRICK/THE CANADIAN PRESS

Kerry's upbeat remarks appeared aimed partly at assuaging any possible American jitters in the aftermath of last week's attacks that left two Canadian Forces soldiers dead — one in Ottawa, after an attack on the War Memorial and Parliament, and the other in Quebec.

Canadian officials have already mounted a diplomatic blitz in the U.S. to emphasize Canada's commitment to border security.

On Tuesday, Kerry said both countries would con-

tinue to intensify law enforcement co-operation, border protection and intelligence sharing.

"I'm confident we'll come up with some tweaks, some changes, some additions that will promote even greater security than we have today."

Kerry also said "common sense" dictates that last week's attack in Ottawa was an act of terror, but that it will ultimately be for Canadian law enforcement to make a final determination.

Kerry said he didn't want

to prejudice the ongoing Canadian police investigation, but he said the nature of the events speaks for itself.

"Clearly anybody who walks up in a premeditated way with a rifle and attacks somebody in uniform and then purposefully goes to a parliament is committing, by common sense standards, a terrorist act."

Baird echoed that "common sense" characterization, reiterating the view that the Conservative government has taken on the attack since last

Wednesday when Prime Minister Stephen Harper linked the Ottawa shooting to terrorism.

Kerry also recalled how in the aftermath of the Boston Marathon attack last year, his hometown emerged united and resolved, rallying behind the slogan, "Boston Strong."

"This week with an equal measure of sadness mixed with resolve," Kerry said, "the echoes can be heard here in Canada: Ottawa Strong, Quebec Strong, Canada Strong."

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Jeff Leiper celebrates his victory with supporter Deborah Ironside at the Carleton Tavern. MARKETA STASTNA/METRO

'High expectations' as Leiper takes the reins in Kitchissippi

Fourth new councillor since 2003. Winner in hotly contested ward vows to put planning ahead of development



LUCY SCHOLEY
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Jeff Leiper knows he has an especially tough four years ahead as councillor of Kitchissippi.

The councillor-elect, who defeated incumbent Katherine Hobbs in Monday night's election, is the ward's fourth new councillor since 2003. According to unofficial poll results, Leiper took 55.4 per cent of the vote — beating out Hobbs by nearly 3,400 votes. Turnout was 48.3 per cent.

"There's some really high

expectations," said Leiper. "There is a really strong feeling in Kitchissippi that the last four years have been really challenging."

Leiper said the community's development pressures — including a 23-storey building proposal on Somerset Road that was approved and sent to the Ontario Municipal Board, plus another 18-storey building on Armstrong Street — and its mix of "incredibly sophisticated group of community volunteers" are reasons for the ward's high turnover.

"When the councillors don't meet those expectations, the same engaged people have a lot of political savvy and a lot of political clout and they're able to effect the change that they want to see," said Leiper, the former president of the Hintonburg Community Association and community

newspaper writer. He said it largely took the work of community volunteers — and not the councillor — to fight certain developments in the ward that spans Hintonburg, Tunney's Pasture and Westboro.

He plans to "put the brakes" on development in favour of more thoughtful planning.

"We have a lot of work to do to fix some of the planning processes to make sure that the plans that we have for how we're going to grow are as defensible as possible, that they're well-written, that they reflect the community consensus," he said.

Leiper is also planning to divert more buses from busy Scott Street and dig into the second infill bylaw currently in the works.

In four years, he hopes to be the rare Kitchissippi councillor who earns a second term.

Hobbs 'content' and 'ready to move on' after defeat

Katherine Hobbs says she's "not the most political of people," which could be why she lost the Kitchissippi seat in Monday night's election.

"I sort of concentrated on doing the work and telling people about the results, but maybe I didn't frame it the right way. I don't know," she said.

In the upset, Hobbs lost by almost 3,400 votes to Jeff Leiper, but she was optimistic a day after her loss.

"I'm happy today. I feel content with what I did and just ready to move on to the next thing," she said.

Hobbs said she's most proud of her work on the



Katherine Hobbs says she is already ready to move on after being upset in Monday's election. CONTRIBUTED

Churchill Avenue makeover with segregated cycling lanes. She promised that, no matter the outcome of the election,

Scott Street would get a similar do-over. It has already been passed by council and is in the works.

Spending on parks, like Winston Square, is "important" in an urban area, she said.

She hopes the next council will usher in the second phase of Light Rail Transit (LRT), which still needs the federal government's commitment to fund a third of the \$3-billion project.

Leiper will "work well for Kitchissippi," said Hobbs.

"Most of the things I worked on were as a result of what neighbours and residents had brought forward to my office," she said. "It seems like he's been listening and talking to people and I think if he continues to do that, he'll be fine."

Hobbs said after her vacation next week — which she planned, win or lose — she's not sure of her next step.

LUCY SCHOLEY/METRO

Changing of the guard

"It seems like he's been listening and talking to people and I think if he continues to do that, he'll be fine."

Outgoing Kitchissippi Coun. Katherine Hobbs on her replacement, Jeff Leiper

Community safety still No. 1 focus for Qadri in Stittsville

Incumbent Stittsville ward Coun. Shad Qadri is heading back to city hall for a third term.

He got 60.94 per cent of the vote in Monday's municipal election compared to 39.06 per cent for challenger Dave Lee. Qadri received 5,182 votes in the unofficial election night results, while Lee received 3,322 votes.

And the councillor was elated at the result.

When his win was announced on television at his election night gathering at the Bistro 54 restaurant in Stittsville, Qadri said that he was "happier than happy and I'm glad that the Stittsville community has enough faith in me to represent them for another four years going forward."

He said that his No. 1 concern has been, and will continue to be, community safe-



From left: Coun. Shad Qadri, wife Theresa Qadri, daughter Forzana Qadri, his newly born grandson Logan Qadri-Primo and Forzana's partner Logan Primo celebrate at Bistro 54 restaurant Monday. JOHN BRUMMELL/METROLAND NEWS SERVICE

ty — not only with regards to traffic but also regarding crime prevention.

He said that another big focus going forward is to examine the role of the Ontario Municipal Board (OMB), saying that it is not right that

an appointed body like the OMB should be able to overrule an elected council.

Qadri also congratulated his opponent Lee, saying that it takes a special person to stand up and seek public office. METROLAND NEWS SERVICE



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'Disappointing' outcome. Peter Clark to bid adieu to Rideau-Rockcliffe

Peter Clark's time in public office at the City of Ottawa is coming to an end, but the outgoing councillor for Rideau-Rockcliffe said he is not surprised with how things unfolded Monday night.

Clark was only able to garner 1,871 votes in the city's municipal election, which was about 18 per cent of the vote in Rideau Rockcliffe. It was a far cry from Tobi Nussbaum who won 4,846 votes, representing 47 per cent of the ballots cast.

"I know what happened. He's been campaigning for a year and a half and when I started the campaign, my sciatica kicked up and I couldn't really do any door-to-door, or very little," said Clark Tuesday. "I couldn't walk more than a hundred yards."

Clark was known at City Hall for his candour, speaking his mind regularly during debate. Among his accomplishments was a battle in 2013 with a coalition of community groups to oppose the National Capital Commission's plan to reroute traffic over an inter-



Coun. Peter Clark METRO FILE

provincial bridge on Kettle Island.

Monday night's outcome was "disappointing," but not unexpected, he said.

"If I had been able to campaign properly, I might have had a different view. But since I couldn't actually get to so many doors personally, it was complicated," said Clark, who spent Tuesday going through old emails at City Hall.

Now that his term is finished, he's looking forward to taking time off, travelling, playing bridge, and spending time with his grandchildren.

"It's not particularly a bad thing to do when you get to be my age," the 76-year-old quipped. **JOE LOFARO/METRO**

Tobi Nussbaum's first crack at municipal politics nets big win

Rideau-Rockcliffe.

Nussbaum says his biggest priority is improving transportation infrastructure in the city



JOE LOFARO
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Senior bureaucrat Tobi Nussbaum didn't expect to win by a landslide in Rideau-Rockcliffe Monday evening.

It was his first foray into municipal politics and he was running against Coun. Peter Clark — a seasoned politician with 15 years' experience in municipal politics.

But Nussbaum soared past Clark by nearly 3,000 votes to capture nearly half the votes cast by ward residents.

"The secret was to get a fantastic group of keen, enthusiastic volunteers who are smart and hard-working. That is the key to success," said Nussbaum, 44, the day after



Tobi Nussbaum unseated Rideau-Rockcliffe incumbent Peter Clark in Monday's municipal election. CONTRIBUTED

Monday's election.

Only 39 per cent of the 26,339 eligible voters in the east end ward cast a ballot, according to unofficial results. Clark trailed behind Nussbaum with 1,871 votes, and in third place was Sheila Perry with 1,423 votes.

Rideau-Rockcliffe cov-

ers approximately 19 square kilometres and includes the neighbourhoods of New Edinburgh, Manor Park, Rockcliffe Park, and Overbrook.

Knocking on people's doors early on in the race also helped Nussbaum gain traction in the large ward, he said.

"I had an opportunity to

meet, listen, and talk to literally thousands and thousands of residents of our ward," he said.

"And that was important for me to understand the issues of concern and also to build trust with residents."

Nussbaum, who is married and has two young daughters, took a leave of absence from his public service job at the Department of Foreign Affairs, Trade, and Development (DFATD). His job has led him to postings with the United Nations missions in New York City and with the World Trade Organization in Geneva.

"Representing Canada abroad gave me an opportunity to build important negotiation skills and these are useful things for me to be able to employ at city council," he said.

After celebrating with a pint of Clocktower's homebrew Monday night, his first order of business is to sit down with community leaders and pin down priorities — the biggest one he says is improving transportation infrastructure.

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Landslide win. Tierney gets second term in Beacon Hill-Cyrville

Incumbent Coun. Tim Tierney will serve a second term as the representative of Beacon Hill-Cyrville Ward after defeating four challengers in the Oct. 27 municipal election.

He won by a landslide, with more than 80 per cent of the vote in the unofficial election results — over 7,000 votes were recorded for Tierney on Monday night.

Francesca D'Ambrosio, Nicolas Séguin, Michel Tardif and Rene Tessier all came up short in the voting.



Councillor for Beacon Hill-Cyrville
Tim Tierney METROLAND NEWS SERVICE

Tierney is currently completing his first term as Beacon Hill-Cyrville councillor. He unseated Michel Bellemare in the 2010 election, winning by a margin of just 181 votes (5,088 to 4,907).

Tierney celebrated at the new Richcraft Sensplex, one of his proudest accomplishments as councillor.

"We've worked hard for four years in this ward. As we stand here in the Richcraft Sensplex, this didn't happen by itself," he said. "I'm proud of the work we've done, I've made new commitments — seniors and transit are top of the list and I want to do a lot for this ward. I've been given a very strong mandate, and I'm going to go to city hall knowing we're not only going to get more for Beacon Hill-Cyrville, but more for the east as well."

While light rail transit Phase One is coming to Blair already, getting the light rail transit extended all the way to Place d'Orléans will continue to be a priority for Tierney, he said. NEVIL HUNT/METROLAND

Big win

Rick Chiarelli rolls on in College Ward

Much like the his run in College Ward, the good times kept rolling at Grazie's restaurant on the night of Oct. 27 for Rick Chiarelli.

The room was buzzing as results poured in, yet anxiety remained low. Chiarelli maintained a large, steady lead over the other three candidates in

College ward.

"This is the first time I've ever been the first reported elected on TV news coverage," said Chiarelli, who finished more than 7,500 votes ahead of runner-up Guy Annable.

He thanked the residents of the ward for their unwavering support — with 82 per cent of the vote, it was the largest margin of victory Chiarelli had ever won. He also thanked his staff, campaign volunteers, and family. SAFIA HASHI/METROLAND NEWS SERVICE

McKenney carries Holmes' torch in Somerset Ward

'Honoured'. Councillor-elect says she is 'overwhelmed' by community support

MARKETA STASTNA
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Ottawa's vibrant Ward 14 — Somerset — had to say goodbye to its councillor, Diane Holmes, but the community listened to her recommendations. Catherine McKenney, publicly endorsed by Holmes, became the ward's councillor on Monday night.

"I feel overwhelmed and honoured that a whole community put their trust in me," she said from her victory party, which took place at Chinatown's crowded Shanghai Restaurant.

"I'm so unbelievably proud of her," said McKenney's overjoyed wife, Catharine Vandelinde.

McKenney won with an unofficial count of 40.1 per cent of the vote, followed by Jeff Morrison, who received 16.9 per cent of the votes, with Martin Canning in a close third position, with 16.4 per cent.

"I had to run a strong campaign because I had strong competition," McKenney added.

"I just want to congratulate Catherine," said runner-up Morrison, "I'm sure she will do great at city hall."

McKenney, an active member of Ottawa's community and proponent of active transportation, beat out the other candidates on a platform that focuses on maintaining and



Catherine McKenney, left, celebrates her victory alongside her wife, Catharine Vandelinde, and their daughter, Kenney Vandelinde. MARKETA STASTNA/METRO

improving the sustainability, and the livability of the communities in her ward.

These include the vibrant neighbourhoods of Chinatown, LeBreton Flats, Elgin

Street, Sparks Street and Little Italy.

In particular, she plans to create safe streets, focus on maintaining neighbourhood integrity in urban planning,

support affordable housing, create green communities and continue to support local businesses as well as the Ottawa Centre Eco District project.



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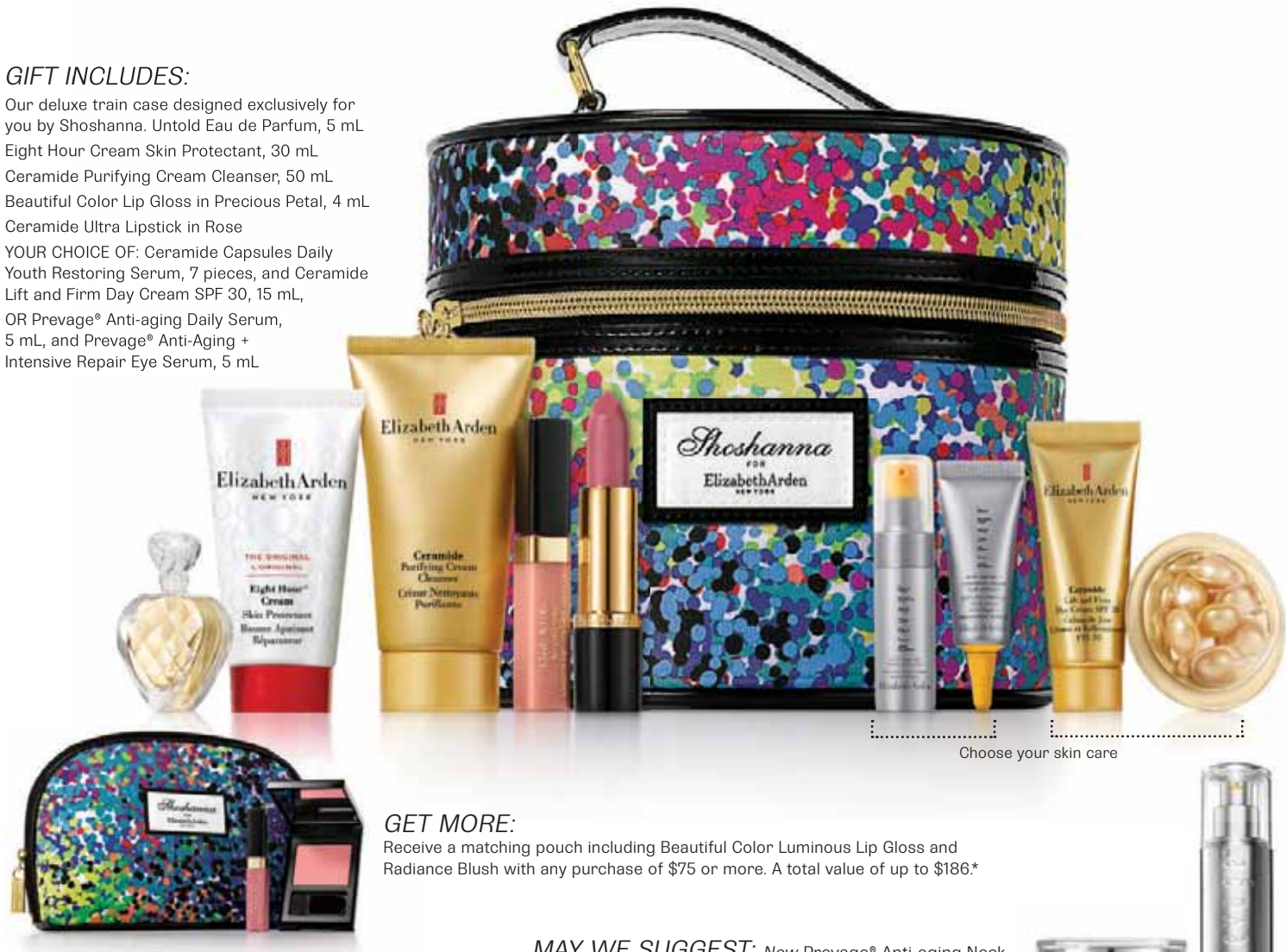
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Shoppers in Ottawa browse through stores at Rideau Centre. A new survey suggests Canadians will be tightening their Christmas shopping budgets. TREVOR GREENWAY/METRO

Better write a letter to Santa

Bah! Humbug!
Canadians plan to tighten their holiday purse strings: Survey



STEVE COLLINS
ottawa@metronews.ca

Canadian shoppers may be channelling their inner Scrooges this Christmas.

A survey by Field Agent Canada says Canadians intend to spend less this year on gifts, decorations and holiday food, compared to how much they spent last year.

According to the survey,

the average holiday budget fell by 7.2 per cent nationally, from \$953 to \$885; and \$5.1 per cent in Ontario, from \$977 to \$927. Saskatchewan was the only province where respondents said they were planning to spend more this year: up 11.1 per cent, from \$678 to \$723.

"A lot of retailers have come to the realization that it's a tough market already," said Jeff Doucette, general manager of Field Agent. "And if consumers start to pull back out of that market it's only going to get worse and it doesn't leave a lot of cheer at the cash registers."

The results don't faze Cindy VanBuskirk, general manager at the Rideau Cen-

tre, who's seen many annual holiday spending predictions go wrong.

"I stopped trying to put a percentage on it years ago because we just don't know. There are too many variables," she said. "The consumer will always surprise you."

As for Field Agent, they plan to check back with survey respondents to see how well they stuck to their planned budgets.

"What we plan to do in January is actually go back and ask the same people how much they actually spent, to get a gauge on what that spending landed at," said Doucette. "Because we all have good intentions."

Road rage. Police search for female suspect in violent Gatineau attack

Gatineau police are asking the public to help find a woman suspected in a road rage incident.

Anybody who was near 99 boulevard de l'Hôpital in Gatineau on Sept. 14 at just before 2 p.m. may have seen the incident happen, say police.

A victim was cut off by

the suspect, who was driving a pale green 1996 Toyota Tercel. The suspect then decided to follow the victim to 99 boulevard de l'Hôpital where she got out of the car, grabbed the victim by her hair and slammed her face against the steering wheel. A man and at least one kid were in the suspect's car.

The suspect is described as a white woman aged between 25 and 30 with brown hair and brown eyes. She has a bottom lip piercing. She stands at about five-foot-six and weighs about 180 pounds.

If you have any information, contact Sgt.-Det. Kelly Lacroix at 819 243-2345, ext. 1330. LUCY SCHOLEY/METRO

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Thousands line streets to say goodbye to Cpl. Cirillo

Funeral procession.

Family, friends and complete strangers pay respects to soldier gunned down in Ottawa last week

To his fellow soldiers, he was “loyal, tough, loving, true.”

To his family, he was a fun, devoted son and brother, and both father and best friend to his son.

And to Canada, shaken by his frightening death on home soil, Cpl. Nathan Cirillo is the young soldier who has “joined the ranks of so many Canadians who have gone before him,” said Prime Minister Stephen Harper, “having given all in the service of their country.”

Thousands of mourners lined Hamilton’s streets to say goodbye to the young reservist at the regimental funeral Tuesday, gathering as scores of Cirillo’s military colleagues formed a procession alongside Cirillo’s flag-draped casket, slowly marching toward Christ’s Church Cathedral.

In an emotional service inside a church packed with family, fellow soldiers and dignitaries, Cirillo’s family, grieving comrades and Harper paid tribute to the 24-year-old member of the Argyll and Sutherland Highlanders, killed while standing guard at the National War Memorial last Wednesday.

“Loyal, tough, loving, true. His family knew it, his regiment knew it, and now Canadians know it. Rest in peace, Cpl. Cirillo. Your Argyll family will not forget,” said Lt.-Col. Lawrence Hatfield, commanding officer of the Argylls.

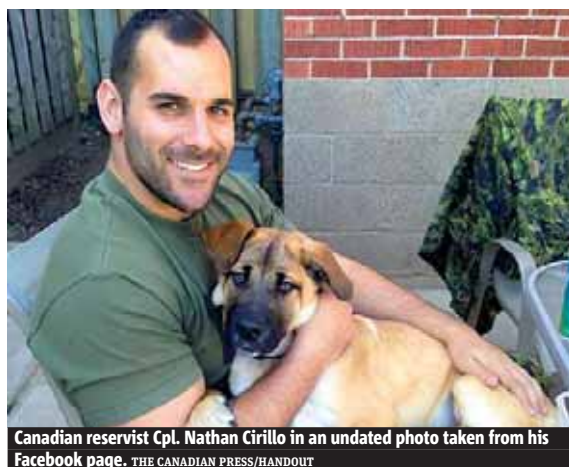
Cirillo’s cousin, Jenny Holland, spoke on behalf of Cirillo’s family, many of whom had marched behind the casket during the procession. Holland shared stories about his childhood, recalling memories such as the time Cirillo brought a wagon to an Easter egg hunt “so he could get the most treats in the quickest time.”

Cirillo’s five-year-old son-Marcus was his joy and focus, Holland said, and the boy “adored him so much.”

“Not only was he his father, he was his friend,” she added, as Cirillo’s mother Katherine



Katherine Cirillo, mother of Cpl. Nathan Cirillo, is full of emotion as she walks along the procession route in Hamilton, Ont. A full military funeral was held Tuesday for Nathan Cirillo, the soldier who was shot to death in Ottawa last week. RICHARD LAUTENS/TORSTAR NEWS SERVICE



Canadian reservist Cpl. Nathan Cirillo in an undated photo taken from his Facebook page. THE CANADIAN PRESS/HANDOUT

wiped tears from her eyes.

In a tribute to Cirillo, Harper directly addressed the young man’s grieving family, including Marcus, Katherine, Cirillo’s stepfather Victor Briffa, and sisters Nicole and Natasha, expressing the hope that “time

ease the searing pain of today.”

That Cirillo’s death occurred at Canada’s national place of solemn remembrance was a “bitter and truly heart-wrenching irony,” Harper said.

“These monuments remind us that freedom is never free. It

A soldier

“He never took the hard knocks or tough challenges personally. He just smiled and soldiered on, both in the regiment and in life.”

Lt. Col. Lawrence Hatfield, commanding officer of the Argylls

has been earned by the soldier and then donated to all of us.”

Before Cirillo’s casket was taken into the church, the pallbearers soberly accompanied it through the streets, marching slowly in a sign of respect for the soldier.

At the front was Ryan Weinberger, a close friend who said the corporal would have been overwhelmed by the outpouring of love.

“If Nathan were alive today, if he could sense any of this, I

A hero

“Our hearts are broken at his loss. But our spirits are grateful for his memory.”

Prime Minister Stephen Harper

think that he would feel extremely touched and extremely thankful for the warm welcome we’ve got from so many Canadians,” Weinberger said over the weekend.

Cirillo was killed by a single gunman, Michael Zehaf Bibeau, who fired on the ceremonial soldier then stormed onto Parliament Hill before he was fatally wounded.

The military funeral is intended to both honour the family of the officer who has

A father

“Nathan may have looked like a big, tough man, but he was such a kid at heart. It was beautiful to see the joy he had while playing with his son.”

Jenny Holland, cousin of Cpl. Nathan Cirillo

died, and provide “reassurance to each other that we’re hanging together,” said Lt. Navy Gordon Laco early Tuesday, while preparing for the procession.

“The military is about violence when diplomacy fails. But it’s also a close family and that closeness is what helps members of the military get through tough times” he said. “What’s remarkable is, of course, this tough time is that it happened at home.”

TORSTAR NEWS SERVICE



A large crowd lines James Street in Hamilton, Ont., as the casket of Cpl. Nathan Cirillo passes by. Thousands lined the streets to pay their respects on Tuesday. RICHARD LAITENS/TORSTAR NEWS SERVICE

On the street

A nation mourns

Thousands of people — some wearing Canadian flags and poppies, many who never met Cpl. Nathan Cirillo — came out to honour the young soldier.

Jan Gallo brought her granddaughter and the pair sat in Canadian flag chairs. “Not only are we here to honour Cpl. Cirillo, but also all of our armed services,” she said.

Gillian Archer, 10, stood outside the First Ontario Centre to watch her father march by in the sombre funeral procession.

“My father is a soldier, so this is very important to me,” said Gillian, who was there with her mother and two siblings.

Awaiting the procession Tuesday, Drew Tarvids, a Scarborough native and Hamilton resident, stood draped in a Canadian flag.

“I respect any man that has the guts to do what he did. Respect. That’s what it’s about,” he said. “I was born and raised in this country, and I love it.”

TORSTAR NEWS SERVICE

Words for Nathan

“Nathan, these words are for you. Your death is such a tragedy, but yet it’s not in vain. Because of you, every Argyll and every man and woman who is honoured to wear the uniform of the Canadian Forces stands prouder and taller this day.”

Major the Reverend Canon Rob Fead of the Anglican Church of Canada, who conducted the funeral service and serves as Chaplain to the Argyll and Sutherland Highlanders



Marcus Cirillo outside the church, following the funeral service for his father, Cpl. Nathan Cirillo. PETER POWER/THE CANADIAN PRESS



Cpl. Nathan Cirillo is carried into Christ's Church Cathedral.

TARA WALTON/TORSTAR NEWS SERVICE



A woman cries as the coffin of Cpl. Nathan Cirillo is escorted through the streets toward his funeral service. PETER POWER/THE CANADIAN PRESS

Symbols of respect

The regimental funeral was imbued with meaning:

- **Mourning bands.** Officers wore a black band of fabric around the left bicep as a symbol of respect.
- **Gun carriage.** Traditionally a fallen soldier is placed on a cart built to carry guns as a sign of respect

and honour.

- **The slow march.** A deliberate “slow march” is a ceremonial stride meant to show grief and respect.
- **Arms reversed.** This drill position is meant to signify a time of mourning, rather than the battle-ready upright position.

Bourque apologizes for RCMP killings

Moncton. At sentencing hearing, killer calls self 'arrogant pissant' and says he's sorry to families of slain Mounties

Justin Bourque apologized Tuesday to the families of the Mounties he shot in the north end of Moncton on June 4, saying in a quavering voice that the reasons he gave to police for killing three officers and wounding two others were the words of an "arrogant pissant."

Bourque, speaking at the conclusion of a two-day sentencing hearing at the Court of Queen's Bench in Moncton, acknowledged the pain the victims' families must have felt Monday after they watched his emotionless, rambling statement to police on June 6.

"It's the talk of some arrogant pissant, as if it was nothing to me," he said. "I want the families to know ... it does mean something to me."

In the three-hour, videotaped statement, Bourque ap-



Left to right: RCMP Chief Supt. Wayne Gallant, Chief Supt. Marlene Snowman and Insp. Costa Dimopoulos leave Moncton Law Courts after the second day of Justin Bourque's sentencing hearing in Moncton, N.B. on Tuesday.

ANDREW VAUGHAN/THE CANADIAN PRESS

pears relaxed as he leans back in a chair and explains that he wanted to encourage people to rise up against the "soldiers" that defend federal institutions and protect the rich from the poor.

The 24-year-old said his original plan was to set fire to several Moncton gas stations but he ditched that idea because of problems with his bicycle.

On Tuesday, Bourque said

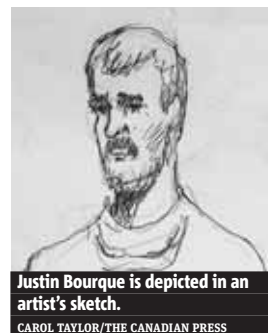
he had changed his mind about what he had said and done.

"Everything I said was from hatred," he said, referring to the police statement. "If you had asked me about this two days (after the shootings), there was nothing to be proud of."

Before he was led out of the courtroom, Bourque offered an apology. "Saying sorry or any apology is almost useless, but I am sorry," he said. "There's nothing else to say."

An agreed statement of facts previously filed with the court says Bourque's actions were both "planned and deliberate" when he used a Poly Technologies M305, 308-calibre semi-automatic rifle to kill constables Dave Ross, 32, Fabrice Gevaudan, 45, and Douglas Larche, 40. Constables Eric Dubois and Darlene Goguen were also wounded.

A 28-hour manhunt for Bourque left much of Moncton



Justin Bourque is depicted in an artist's sketch.

CAROL TAYLOR/THE CANADIAN PRESS

paralyzed until his arrest just after midnight on June 6.

Bourque legally bought the gun on July 24, 2009, and had a valid firearms certificate for it, Crown attorney P.J. Veniot said Tuesday.

In August, Bourque pleaded guilty to three counts of first-degree murder and two counts of attempted murder.

At the very least, he faces a mandatory life sentence with no parole eligibility for 25 years for the first-degree murder charges.

Judge David Smith said he will sentence Bourque on Friday. **THE CANADIAN PRESS**

Analysis

Parole ineligibility

Crown attorney Cameron Gunn said the judge should use a 2011 amendment to the Criminal Code that allows judges to extend parole ineligibility in cases of multiple murders. In Bourque's case, Smith could decide that the 25-year ineligibility period for each of the three murder convictions should be imposed consecutively, which means Bourque wouldn't be allowed to apply for parole until he was 99 years old.

Defence lawyer David Lutz is asking for two consecutive parole ineligibility periods, which would amount to 50 years.

In either case, Bourque is facing the harshest sentence in Canada since the last executions in 1962.

THE CANADIAN PRESS

CBC investigating 'claim of impropriety' toward employee

The CBC says it has learned of a "specific claim of impropriety" toward one of its employees that will be included in a "continuing investigation" at the public broadcasting corporation.

In an internal memo to staff, Roula Zaarour, CBC's vice-president of People and Culture, said the company learned of the claim late Monday evening through a story in the Toronto Star.

"We have always encouraged our employees to come forward with any concerns about their working environment," Zaarour said. "We are here to support you. That has been and will remain the case."

On Sunday, the Star published detailed allegations against former CBC Radio host Jian Ghomeshi. Three women quoted in the story claim that Ghomeshi physically attacked them without their consent during sexual encounters. A fourth woman, who worked at CBC, claimed Ghomeshi told her at work: "I want to hate f-- you."

In a Facebook post Sunday, Ghomeshi denied engaging in non-consensual



Radio host Jian Ghomeshi. **THE CANADIAN PRESS/CBC**

sexual acts and claimed he is the subject of "harassment, vengeance and demonization." Ghomeshi is suing the CBC for \$55 million.

None of these allegations has been tested in court.

Zaarour's memo to employees doesn't name Ghomeshi, nor specify which matter is being referred to, but states that the CBC will consider "any new information" that comes

up. "You will be reading and hearing a lot of different things, both in mainstream media and social media, over the coming days, weeks and months," the memo reads.

"You should be aware that we will generally be unable to respond or react to these, or even to correct factual inaccuracies, due to pending legal action."

TORSTAR NEWS SERVICE

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French

Air Canada doesn't have to pay couple over language spat

An Ottawa couple who complained after not being served in French on Air Canada flights are not entitled to financial compensation from the airline, the Supreme Court ruled Tuesday.

The Federal Court originally said Lynda and Michel Thibodeau should receive \$12,000, but that ruling was overturned.

THE CANADIAN PRESS

Lowe's

Customer service being outsourced ... to robots

The robots are coming. Lowe's is testing whether new bots on wheels can improve its customer service.

Four robots are being tested at a hardware store owned by Lowe's Companies Inc. in San Jose, Calif.

THE ASSOCIATED PRESS

While it lost hockey ...

CBC wins Olympic broadcast rights

CBC has secured the broadcast rights to the 2018 and 2020 Olympics.

CBC will partner with Bell Media and Rogers Media to carry the 2018 Winter Games in Pyeongchang, South Korea, and 2020 Summer Olympics in Tokyo.

CBC had the broadcast rights for this year's Sochi Olympics and will show the 2016 Summer Games in Rio de Janeiro. THE CANADIAN PRESS

Market Minute



DOLLAR

89.52¢ (+0.54¢)



TSX

14,624.25 (+155.25)



OIL

\$81.42 US (+\$0.42)



GOLD

\$1,229.40 US (+\$0.10)

Natural gas: \$3.66 US (+\$0.09)

Dow Jones: 17,005.75 (+187.81)

India slides to 114th in gender-gap ranking

Gender Gap Index.

Annual reports finds despite a fast-developing economy, women in India still face inequality

Indian women still face some of the world's worst inequality in access to health care, education and work, despite years of rapid economic growth, according to a survey of 142 nations released Tuesday.

The annual Gender Gap Index by the Geneva-based World Economic Forum showed India falling to 114th place, after being ranked 101st out of the 136 countries surveyed last year. That puts India below other fast-developing nations including South Africa, ranked 18th, China at 87 and Brazil at 71.

"Achieving gender equality is obviously necessary for economic reasons," Klaus Schwab,



Schoolgirls play at a government school in Hyderabad, India, on Tuesday. Indian women still face some of the world's worst inequality, according to the latest annual Gender Gap Index. MAHESH KUMAR A.

WEF founder and executive chairman, said in a statement.

"Only those economies who have full access to all their talent will remain competitive

and will prosper."

Overall, the report said gender equality is improving worldwide, with 105 countries becoming more equal since the

Usual suspects

The index ranks countries based on health, access to education, economic opportunity and political participation.

- Canada ranked 19th, one place above the United States.
- Nordic nations led the world with Iceland, Finland, Norway, Sweden and Denmark occupying the top five spots.
- Yemen, Pakistan and Chad remained at the bottom of the list.

forum launched the index in 2006 and health and education access being the most egalitarian across the globe.

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I'M NOT A SPORTS FAN, BUT I PLAY ONE ON BAD HAIR DAYS

I'm the kind of self-regarding loser who likes monograms and necklace charms in the shape of my initials. It follows that I have and love a Kansas City—KC! That's me!—baseball cap, in royal blue.

I don't have that cap—or my (genuinely!) vintage Blue Jays cap, or my few other items of baseball, basketball and hockey-related apparel—because I like sports. I don't. I almost don't watch sports at all, and I don't understand them, at all.

My favourite but possibly worst joke is when I ask someone what they're doing, and when they say, "watching the game," I respond, "I've seen 'the game!'" I do know how dumb and unfunny it is, yes, but it's really funny to me, because to a non-sports-fan, every game could be every other game. Every dunk could be every other dunk, or home run, or goal, or whatever. However, I've been wearing my Kansas City cap a lot lately because I haven't had a haircut in 1,000 years. And, because my bad hair has coincided with Kansas City improbably sliding into a World Series,



GUEST COLUMN
Kate Carraway
metronews.ca

I'm being asked a lot about "my" team. Like when a preteen asked me who my favourite player was (no idea). Or when a baseball fan who'd missed a game asked me in a coffee lineup if I knew what the score was the night before (um).

I never lie, even though telling strangers that my hat indicates my own name-related narcissism more than it does any kind of fandom is straight-up embarrassing, but being accidentally—and temporarily, I assume, as at some point the World Series ends—included in the sphere of sports has been, if not exactly fun in the usual way, communally exciting, like an election or a blackout or an elementary school's annual carnival night. I'm not in these situations,

where strangers are aligned by some external event or happenstance, very often.

I like it because it's based on so little. I mean, I don't know anything about baseball, but I'm in, and the kind of positive inclusivity that doesn't care about anything other than intention-via-ball-

Making the team

The kind of positive inclusivity that doesn't care about anything other than intention-via-ball-cap has otherwise disappeared from my life.

cap has otherwise disappeared from my life.

Most of my day—too much—is spent in front of a computer, working alone or engaged in the self-selecting communities of friends, colleagues, and my social-media followers and followees.

My bright-blue Kansas City cap, though, is like an instant all-access pass to the kind of community that, I've found out, actually exists everywhere all the time (coffee lineups, classrooms, side-walks), in real life, dependent on no details of lifestyle or demographic, just opt-in fandom. I still don't care about sports—at all—but I do like being a fan.

Paul Sullivan returns with *Just Sayin'* Nov. 12

Metro Bitstrips caption contest



Today's winner:
Andy Slater



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Bitstrips

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Fun police score big



ANDREW FIFIELD
andrew.fifield@metronews.ca

It's a safe assumption that you're going to find Kevin Judd's fantastic lip-synching, 12,000-light Halloween house just as alluring as we do. Alas, the bad news is that house is far away in Riverside, Calif. Actually, there's worse news.

The house isn't even in Riverside any more. Police shut down the display after too many people enjoyed it too much, tying up that precious traffic flow. #RIPSingHalloweenHouse. You're a spooky ghost now. (California Through My Lens/YouTube)



Comments

RE: Stephen Kimber's column In the wake of the Parliament Hill Shooting, We Must Remain Calm and Canadian, published online Oct. 27, 2014

While perhaps some of you may consider (Michael Zehaf Bibeau's and Martin Coutu-Rouleau's) acts 'terrorist,' I know I and my friends & most of my family, consider them criminal acts. Their actions haven't terrorized us, nor will we let the actions of a few criminals change how we feel about the vast majority of the people in our country, no matter what religious observances they choose to follow. **More, posted to metronews.ca**



SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 24 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

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Music



Lil Wayne GETTY IMAGES FILE

Lil Wayne career-closing album delayed again

The fifth installment of Lil Wayne's Carter series — which the hip-hop giant has said would be the album that caps his career — has been delayed again.

Tha Carter V, which was initially due out in May, was nowhere to be found on Tuesday, which was the updated release date.

The president of his Young Money label was quoted by hip-hop blogger Karen Civil as saying that no new release date has been set.

The New Orleans rapper — whose given name is Dwayne Michael Carter, Jr. — has released four Carter albums that have been among his most acclaimed works. He was the most-nominated artist at the 2009 Grammys for his Tha Carter III. The 32-year-old has repeatedly said that Tha Carter V will be his last album as he wants to spend more time with his four children. **AFP**

Music

Marilyn Manson single available as free download

The controversial American rock group Marilyn Manson is back with Third Day of a Seven Day Binge.

Available for download at marilynmanson.com, the new single is also on YouTube, accompanied by a minimalist video.

The single sets the stage for the next Marilyn Manson album, which is expected to debut in 2015. The band's last album, Born Villain, was released in 2012, so the new track announces a long-awaited comeback.

Brian Hugh Warner, the singer whose stage name is Marilyn Manson, recently appeared on the small screen in the latest season of Sons of Anarchy. **AFP**

Goodbye dating, hello pop

Music. Taylor Swift grows up and turns on a new sound

When Taylor Swift released the Grammy-winning, banjo-tinged Mean in 2010, haters fired shots at the then-20-year-old.

Four years later, Swift says she's grown and was able to write her new single Shake It Off about others dissing her from a new perspective.

"We are all getting our hearts broken, being built up, being let down, feeling disappointed, feeling joy, feeling all these emotions, but what I've noticed is that even when it's the same kind of emotion that I'm feeling, I process it and feel it differently now than I used to," she said in an interview last week. "And I think that's a factor of growing up, but I'm pretty proud of the way it's gone."

All signs point to growth as Swift releases her fifth album, 1989. She's left behind her country roots to go full-blown pop, she's moved to New York City, and she hasn't really thought about dating in nearly two years.

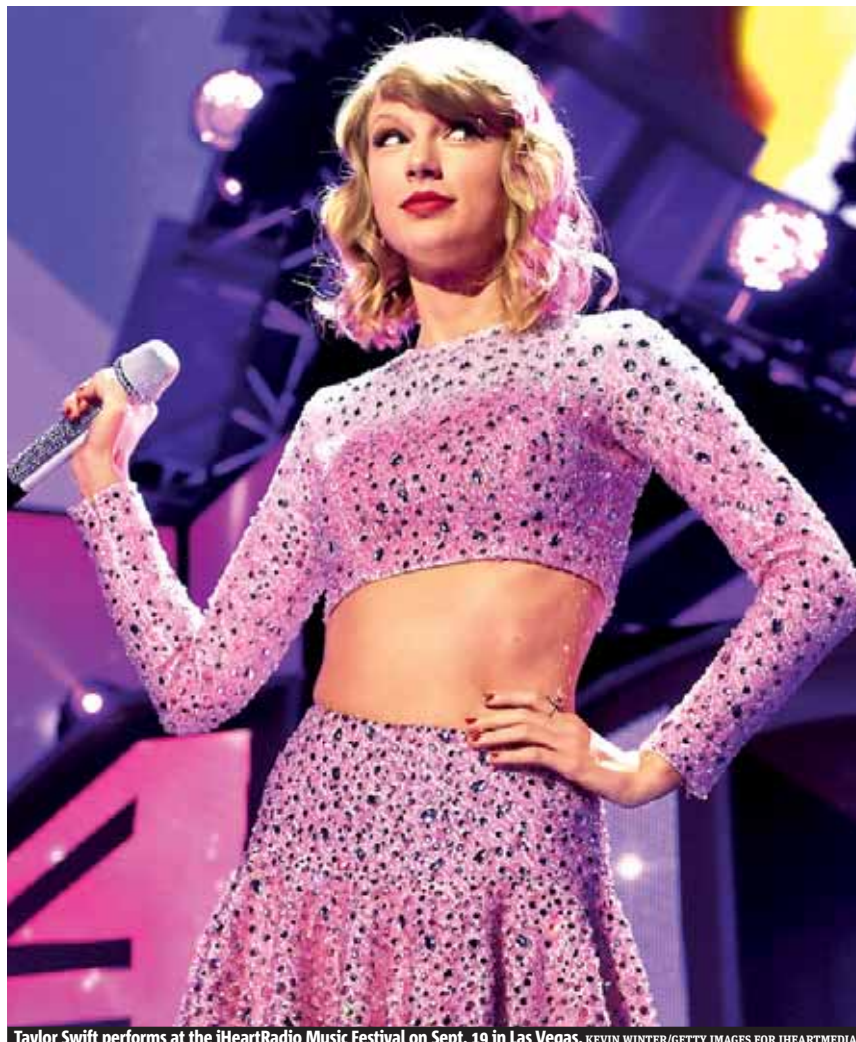
"I think it's a beautiful thing to be in love. If you're in a good relationship, that's wonderful, but you are factoring someone else's feelings, schedule, opinion and priorities into your own feelings, schedule, thoughts, opinions, priorities. And in the last year and a half, that just hasn't been something that I've been interested in," she said.

Swift, 24, began dabbling in pop when she released Red in 2012, which featured the pop smashes We Are Never Getting Back Together and I Knew You Were Trouble. Max Martin, who co-produced those songs with Shellback, is the executive producer behind 1989 and has created a slew of pop anthems, from Britney Spears' ... Baby One More Time to Kelly Clarkson's Since U Been Gone.

"I found myself wanting so badly to explore this new territory, but I felt absolutely terrified to go too far in that direction because I thought people would be angry," Swift said about going pop.

"I think that the country community wasn't surprised that I made a pop album; I think they were surprised when I was honest about it."

It's a bold move for Swift, who moved to Nashville as a teen to pursue her singing career. Her first single was



Taylor Swift performs at the iHeartRadio Music Festival on Sept. 19 in Las Vegas. KEVIN WINTER/GETTY IMAGES FOR IHEARTMEDIA

Bold move

"I think that the country community wasn't surprised that I made a pop album; I think they were surprised when I was honest about it."

Taylor Swift

called Tim McGraw.

"We've had a great relationship with 2,000 country radio stations ... and so talking it through, she still welcomes their support," said Scott Borchetta, the president and CEO of Swift's longtime label home, Big Machine Records. "If the moment ever strikes her again and she decides, 'You know what, the music I'm making now is country,' I think she'll be welcomed back with open arms."

Swift says she's not sure she will record country music again — not because she doesn't want to, but because it's too early to tell.

"If I wanted to make Red 2.0 I could have done it, but I ... wanted the focus to be on the sound of the record rather

than everyone dissecting each lyric to see who these songs are about," she said.

1989 is pure pop fun, featuring hook-heavy jams — from anthemic moments like Shake It Off and Bad Blood to calmer grooves like Clean, featuring Imogen Heap. It's also a sound that resonates with Swift's fans, if a recent secret session at her apartment in New York City was any indication.

Swift invited 89 fans to her pad in Tribeca to preview 1989. The feverish group of girls and boys (and moms) immediately jumped to the floor to sit on pillows as Swift sat in front of them. One girl couldn't stop shaking.

"I'm a little worried about the shaking," Swift said to the



The cover of 1989, the latest release by Taylor Swift. BIG MACHINE RECORDS

blonde teen, and then gave her a high-five to calm her nerves.

Swift, who credits living in New York City as part of her growth, said she's completely comfortable in her skin.

"At this point in my life at 24, I have a very solid grasp on my identity — I know exactly who I am, but I know exactly what (the media) say I am," she said. "I feel very comfortable joining in on the social commentary and joining in on the joke because I know exactly what it is — a joke." **THE ASSOCIATED PRESS**

2 SCENE



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SCENE

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Wednesday October 29, 2014

Poehler memoir is part ask Amy, part racy fun

Books. Amy Poehler talks about her divorce, drugs and more

EMILY LAURENCE
Metro in New York City

Actress Amy Poehler's memoir *Yes Please* comes out this week and early buzz is promising it will be just as successful as Tina Fey's *Bossypants* and Mindy Kaling's *Is Everyone Hanging Out Without Me?* Poehler's glossy-paged hardback details everything from her early days of comedy to her *Saturday Night Live* career, but it also has the juicy stuff, like sex advice and details on her divorce. Here, we share some of the major talking points.

Divorce: Maybe it's because celebrities get divorced all the time, but we tend to think it isn't as bad for them as it is for us civilians. Poehler writes lovingly about her ex-husband Will Arnett and honestly about their divorce: It sucked. "When you are a person going through a divorce you feel incredibly alone, yet you are constantly reminded by society of how frequently divorce happens and how common it has become," she writes.

"You aren't allowed to feel special, but no one understands the specific ways you are in pain." Some life experiences don't need a punchline.

Drugs: Poehler doesn't hide the fact that she's said "yes, please" to many drugs. She chronicles how her father was a happy pot dealer and how she experimented with cocaine, mushrooms and ecstasy. "Cocaine is terrific if you want to hang out with people you don't know and play ping-pong all night. It's bad for almost everything else," she reveals.

Getting older: Apparently, entering your 40s is pretty awesome: "Gone are the days (hopefully) when you take everything personally and internalize everyone's behaviour. You get better at knowing what you want and need," Poehler writes.

Losing big awards: Poehler has won a Golden Globe and MTV Movie Award, but

she's been a loser, too. What's it like when the camera pans to you not winning? Poehler gets honest about how even when you don't want to get caught up in the award show hum, you can't help it and actors that say they don't care are lying. "You spend weeks thinking about how it doesn't matter and it's all just an honour and then seconds before the name of the winner is announced everything inside you screams ... 'GIMME THAT PUDDING!'" Then comes the adrenaline dump, followed by shame." It's so much easier not being famous.

Career counselling: It's only natural to want Poehler's advice on turning your creativity into a career. But *Yes Please* is no *Lean In*. Poehler talks about how important it is to not put your career first: "Your career won't take care of you ... It will openly flirt with other people while you're around," she writes. She compares a career to a bad boyfriend. Poehler says the key to being happy with your career is caring about your work, not the result. "You have to care about how good you are and how good you feel, but not how good people think you are or how good people think you look," she writes.



Amy Poehler on the cover of her memoir. CONTRIBUTED



Jennifer Lawrence GETTY IMAGES

Double-rebound is over for JLaw and Chris Martin

So, Jennifer Lawrence and Chris Martin? Not so much dating anymore, at least not according to E! News. I mean, you know what they say about rebound relationships, right? And technically this one was a double-rebound, what with Martin recently being consciously uncoupled

from Gwyneth Paltrow and the corporate offices of Goop Enterprises, plus Lawrence splitting (again) from adorable X-Men co-star Nicholas Hoult. Now then, to the details: "Jen is the one who broke it off with Chris," a source with a knack for stating the obvious tells People magazine.



Robbie Williams GETTY IMAGES

Proud papa Robbie Williams overshares during birth of son

In this weird new Internet age, we all live in public — some more than others. Take, for instance, British pop star Robbie Williams, who kept fans and Twitter followers updated regularly as his wife, Ayda Field, gave birth to their second child earlier this week. He even managed to get video of her water breaking. Fun times!

"I need you to know I'm doing great," Williams says in one video. Judging by the photos, he was the only one. But the baby, a boy, did eventually make an appearance, and all is well. "I've never been more in love and I've never been more proud of my wife," Williams said in yet another YouTube update. "She's absolutely astonishing."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Women are from Venus and Gene Simmons is from prehistory



NED EHRBAR
Metro in Hollywood

I thought it had been a while since we'd had an installment of Gene Simmons: Quote Machine, but fear not! The Kiss frontman is back with a real doozy. He recently popped up on Fox News' 'Trending with Andrea Tantaros, and this

time he's speaking directly to the ladies in the audience. "Life is not a straight line and I'm here to say women think differently than men. Men must work for a living. Women have the option of becoming the housewife, which is respectable and wonderful, but what happens when the man runs away?" Simmons opines. "Don't depend on them. Why should you? They don't depend on you for anything. The less you depend on a man for emotional and financial support, the better off you'll be." So let's all stop depending on each other and start making that money, right? Sun's out, tongues out, y'all.



Katy Perry GETTY IMAGES

Swiftly always knew Katy was trouble and just can't shake it off

That feud between Katy Perry and Taylor Swift is reportedly so serious that it might cost a prominent tour director some work. Baz Halpin has handled the direction and production design for a number of tours for both Perry and Swift, but now that Perry has been tapped for the next Super Bowl Halftime Show and

asked Halpin to join her, Swift is fuming, according to Radar Online. "She got word of Baz agreeing to do the show for Katy, and Taylor has flat out said she will not hire him ever again for any performance or tour if he goes ahead with his decision," a source says. "Katy got word of Taylor's 'ultimatum' and found it quite amusing."

That was a close shave! Dude looks like Kevin Smith without a beard

Kevin Smith shaved his beard. I repeat, Kevin Smith shaved his beard. He ditched the iconic facial fur for a shot in his new film, Yoga Hosers. Now, I'm not suggesting it's news anytime the Clerks director does anything hygiene-related, but the results here are pretty astounding. "Look at this goofy spaz," Smith says in the post revealing the change. Look at him, indeed.



Kevin Smith TWITTER

Twitter



@realjknnoxville
Sometimes tan leggings aren't a good idea, they're GREAT!!



@ChloeGMoretz
Seriously need a @soulcycle bike to ride when I'm outta town :(missing



@BetteMidler
Toys R Us pulled "Breaking Bad" action figures from the shelves. But where will Barbie get the amphetamines to keep her 2-inch waist?

How-to

Plan a last-minute trip

1. A travel agent can really come through with ideas and/or deals. Ask around if you don't have one.
2. Any friends living overseas you'd like to visit? Relatives? That work colleague who moved to Tokyo might love to see you — and would be a great tour guide.
3. Think off-season and off-the-beaten track; both will be less expensive and perhaps a bit more of an adventure. There are far worse places to be than Venice in November.
4. Research the weather to avoid rainy seasons, overpowering heat or other acts of God.
5. Avoid rationalizing overspending. Set and stick to a budget.

DOUG WALLACE/METRO

Trend

The end of 'all work and no play'

Adding a few personal days to your work trip is becoming the norm for Canadian business travellers. Corporate travel heavyweight Vision Travel is calling this trend the Bleisure market, citing a recent Google Travel study that found that more than half of U.S. business people extend work trips to relax, soak up the culture of the destination or bond with colleagues at a hockey game. The boss doesn't mind because his extra costs are minimal and he gets a happier employee. Win-win. **TEXT: DOUG WALLACE, PHOTO: VISION TRAVEL**



New

Why cycle when you can e-bike?

Butterfield & Robinson has announced a new five-night electric-bike tour through Switzerland from Lausanne to Interlaken for next summer. The daily routes are anywhere from 40 to 50 kilometres, but the Scott E-Venture bikes make this all quite doable, not to mention easy on the quadriceps. The tour includes all hotels (four-star) and meals (including wine), a guide and support van, maps and accessories, events and tours, plus all baggage transportation. From \$7,000. Visit Butterfield.com.

TEXT: DOUG WALLACE, PHOTO: SWISS TOURISM



Get your freak on. Cities to spook you this Halloween



Creepiest destinations

- 1 New Orleans, Louisiana
- 2 Salem, Massachusetts
- 3 Rajasthan, India
- 4 Edinburgh, Scotland
- 5 Prague, Czech Republic

Edinburgh, New Orleans and Rajasthan have been identified as among the most haunting, scariest destinations in the world for getting your chill on for Halloween. The list, curated by Cheapflights.com, shines the spotlight on cities that offer the best "creepy tours around the world," deliciously frightful itineraries that take visitors through cemeteries, prisons, bridges and forts, purportedly haunted by unhappy spirits and shadowy figures of the dead. New Orleans is one of the best places to get your spook on. A New Orleans Ghost Tour presents a striking contrast to the lively music and colour associated with the city, by showing visitors its darker, more sinister side, namely via Madame LaLaurie, a 17th-century socialite known for the brutal torture tactics she used on slaves. The tour also sheds light on the city's vampire past. **APR**

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The sky's the limit in Scottsdale

Arizona. Powerchutes let you channel your inner bird and fly

The enormous fan-like propeller behind the passenger whirs, then begins to howl as the pilot hits the accelerator.

The wheels bump along the gravelly desert and a small jolt tugs on the safety belts as the chute billows into the sky.

A few seconds later, the strange-looking machine lifts off the ground, floating away like a dandelion spore catching the wind. The takeoff of a powerchute is quick, exhilarating, unlike anything you've ever experienced. The actual flight, even better.

"It's the closest thing to being a bird that you can imagine," said Randy Long of Arizona Powerchutes.

OK, we know what you're thinking now: What's a powerchute?

Picture a dune buggy with a massive parachute attached to the back of it, sort of a cross between something the Wright



Want to enjoy the feeling of flying? Visit arizonapowerchutes.com.

PHOTOS: THE ASSOCIATED PRESS

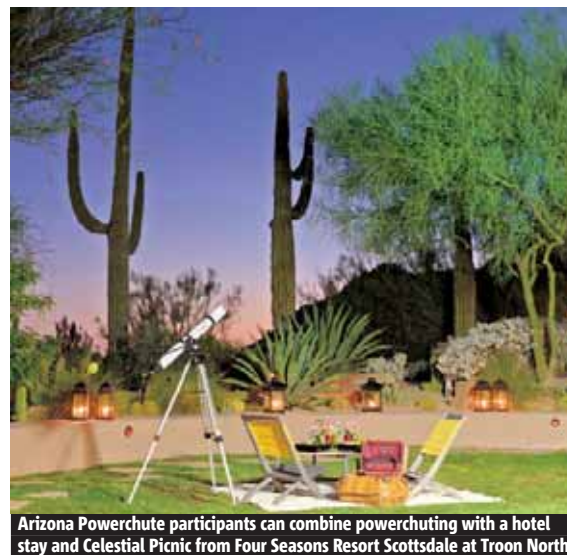
Brothers might have designed and that flying machine from the Mad Max movies.

The front end looks a little like a three-wheeled stroller, the seats set atop an angled frame behind a fat rubber wheel. The two back wheels splay out for support under the engine and a massive propeller that looks a little like an oversize house fan behind the passenger. Brackets rise up and out to the sides to support the lines that attach to

the chute, which is essentially a 40-foot version of what skydivers use. Turning is controlled by foot levers that pull on the tension cords attached to the chute.

Yes, it's a little odd-looking. And, yes, it provides a flying experience unlike any other.

"I had been on a balloon tour before and it reminds me of that in some ways with the setup and you're out there at sunrise," said Laura McMur-



Arizona Powerchute participants can combine powerchuting with a hotel stay and Celestial Picnic from Four Seasons Resort Scottsdale at Troon North.

chie of Scottsdale. "But once you're in the air, it's a little more liberating than being in the balloon with 10 other people. It's just you and the pilot and they do everything from skimming, where you're low to the ground and skimming the terrain basically,

and then they go up quite high in that contraption."

Arizona Powerchutes, which also offers hot balloon rides, has a 30-minute introductory flight for \$289 per person, and has training packages available.

THE ASSOCIATED PRESS

Bucket list



The Whitsunday Islands, Australia

You owe it to yourself to experience the heart of the Great Barrier Reef, and by far the best place to do that is the Whitsundays. This group of 74 islands three-quarters of the way up the east coast of Australia in Queensland is one of the most popular yachting spots in the southern hemisphere — and one of the most romantic. Drink it all in at a luxury villa on the hub of Hamilton Island, at a quiet resort on one of the eight islands that accommodate them, or while camping and kayaking your way through the Ngara Sea Trail Great Walk. Air-, water- and land-based tours are plentiful. Visit TourismWhitsundays.com.au.

DOUG WALLACE/METRO

England

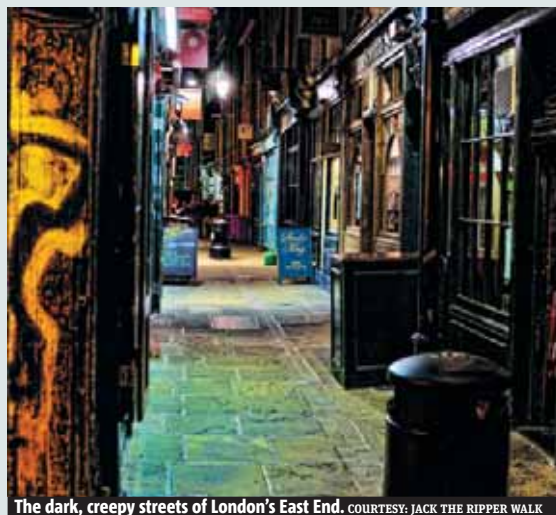
Walk the bloody trail of Jack the Ripper



ON THE MOVE
Loren Christie
lifem@metronews.ca

Our guide Simon Law warned the group that descriptions of the killings would be gruesome. But it had been six months since someone had fainted on him. Thus began my Jack the Ripper walking tour through the dark corners of the Old City of London, and the city's notorious East End.

The tour is a fascinating snapshot of London during a time that has been immortalized through the writings of famous authors like Charles Dickens and Arthur Conan Doyle. At the end of the Victorian era, the gritty and impoverished East End of London, cloaked in coal smog from rapid industrialization, is juxtaposed against images of the opulent excesses of the wealthy. Walking the narrow streets, Simon painted a picture of darkness and gloom. About 80,000 women, many of whom had lost their husbands and fallen on hard times, had turned to prostitu-



The dark, creepy streets of London's East End. COURTESY: JACK THE RIPPER WALK

tion. The only brief escape was to turn to drink, which in those days meant cheap gin. The highest echelons of society would flit across the divide from the City of London to entertain themselves in this den of debauchery.

Against this backdrop in 1888, Jack the Ripper murdered five prostitutes. Each of them was gutted and brutally dissected. He crept in the shadows, leaving dead bodies and no clues. The police at the time were confounded, narrowing their investigation to 200 suspects — including the Free Masons, the Queen's sur-

geon and the Prince of Wales. Even though there have been many theories (the most recent published last month claimed that the Ripper was a Polish émigré named Aaron Kosminski) there is still no definitive answer.

Chuck Dryer has taken the tour four times.

"It's one of the few famous unsolved mysteries in the world. It's macabre. It's irresistible," he says.

London Walks' Jack the Ripper tour starts at the Tower Hill tube station and ends in front of the Christ Church, Spitalfields.

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You've probably spent quite a bit of time thinking about what you want to accomplish professionally.

If you haven't already put together a personal career plan, it's a good idea to set aside an hour or so and sit down to plot out your short-, medium- and long-term goals. Developing a plan will help you maintain a sense of direction and keep you focused on working towards your end goal, whatever it may be. Your career plan should be well thought-out, realistic and, most importantly, flexible. Don't look at it as a set-in-stone plan for your professional life, but rather as a road map that may grow and change as you move through the world.

The short term: Present to 2 years from now

Start by identifying your immediate goals. Perhaps it's finishing your undergraduate degree with honours, completing 100 volunteer hours or finding an entry-level position in my chosen industry.

Next, get set with detailed steps that will enable you to accomplish each goal.

If your goal is to complete your degree with high academic standing, you might boost your achievement by arranging to connect with



Rather than being overwhelmed by the options ahead of you, take a moment and bask in the beauty of a blank slate. ISTOCK

your instructors for more extensive feedback, starting a peer study group and setting aside additional time to review your notes.

Once you've figured out what and how, set down the when. Create a timeline, breaking your plan down into monthly increments to ensure you have enough time to realistically complete each step, and to give yourself a checklist for what you need to finish each month.

Questions to ask yourself:

- How is your short-term plan going to help you achieve your end goal?
- Which factors of your plan

are within your control? Which are outside of it?

- What will you do if you are unable to accomplish part of your plan?

The medium term: 2 to 5 years from now

Unlike your short-term plan, it's OK for your goal to be less specific here.

Working upwards to becoming a mid-level manager or supervisor might be one, or pursuing a postsecondary degree in marketing.

In a medium-term plan, having an overall sense of the steps you might take is key. Identifying this information early will help you

The long term: 5+ years from now

This is a place to identify your "big goal" — Where you want to be professionally after spending years on your career.

A big goal might be owning and operating your own business, working as an environmental consultant with a specialization in sustainable agriculture, or publishing an industry handbook about the role of diversity in the workforce.

Here, you'll want to build on the path you've planned in your short- and medium-term reflections. Assuming many (or all) of your plans in those

areas are successful, ask yourself how you'll be better equipped to pursue these lofty career ambitions.

For example, owning and operating a business will call for significant financial resources. If you have major purchases like property, a car, or extensive travel as some of your medium-term goals, you may have to re-evaluate.

Build a timeline using five-year blocks for 5+, 10+ and 15+ years from now. Putting your major long-term goals in perspective will help you understand the steps you need to take today — and

tomorrow.

Questions to ask yourself:

- Where do you expect to be financially, physically, emotionally, etc. in 5+ years? What else do you hope to accomplish, outside of your career, in the long term? What are some potential changes in your desired industry that could affect your career or your ability to compete in the job market?
- Do you have a second career choice in mind that you will have access to as an alternate option?

keep your short-term plan up to date.

To pursue a postsecondary degree, for example, you would want to set aside time to pursue any necessary prerequisite courses, reinforce your contacts with relevant references and even plan to set aside money to cover the cost of tuition and relocation, as appropriate.

Next, build your timeline using periods of six to 12 months.

Take into account time-based factors you can't control, like application deadlines, necessary years of study and so on.

Questions to ask yourself:

- Is each part of your plan directly relevant to your goals?
- What will you do if your plan doesn't work out? Do you have a backup plan?
- Can you anticipate any personal or professional conflicts that might complicate your plan?

Once you've created your career plan, don't forget to revisit it regularly to check in with your goals, make changes as needed and ensure that you're following the timelines you set for yourself.

Remember that this is just a plan — although it's great to be prepared and to know what you want to achieve, it's impossible to plan out every detail of the future.

You'll be much better off if you're able to adapt to challenges as they arise and take advantage of new opportunities that come your way, without losing sight of what's important to you in the long run.

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When your group hasn't got the goods



Whatever challenges you face with your work, make sure that other members of your team can rely on you. ISTOCK

Career. Take your team from chaotic cluster to competent co-worker combination

LAUREN MARINIGH
TalentEgg.ca

Everyone has been there, whether it's at school or at work: stuck on a team that doesn't work well together.

Being on a team isn't always the easiest task, especially if you enjoy working independently and relying on your own skills.

However, teamwork is a must-have career asset — there are few jobs that allow you to work completely outside of a team focus.

How can you get over your differences, power through tasks and come out on top as a team? Here's how to make sure you're ready to succeed the next time teamwork comes your way.

Be reliable

Whether you're a leader or a follower, your contributions to a team depend on your reliability.

This is a top asset in your independent work as well, but it matters even more when other people are depending on you.

No one on your team will enjoy working with you if you demonstrate that you are not

Listen up

Being open to the opinions of others is a key component of teamwork — and it's also one of the hardest skills to develop.

- It's easy to focus on discussion and planning without putting together the right information. A vital part of that process is giving everyone the chance to participate, and ensuring their input is heard.
- Problem-solving to build a solution can only happen when each team member is engaged in active listening.

reliable. If you let people down, you'll negatively impact morale, which can make it harder for others to get work done.

Communicate

Communication is key to success in a team environment. In order for a team to function it is crucial for team members to contribute their ideas, thoughts, and opinions while maintaining respect for others and for the work of the team.

Whether it's due to personal dynamics or a preference for solitary work, avoiding communication can end in disaster for all members of the team. Remember that it is important to keep your communications positive and professional. When you have something to say that may not get a favourable reception, try to offer constructive criticism and bring a solution to the table.

Use your strengths

Everyone has their own set of unique strengths which bolster

a team's overall abilities.

Instead of designating work based on what's convenient (or whoever is closest), the best teams look at each individual's skills and determine how they can best contribute — as well as looking for opportunities to facilitate collaboration and improve performance.

Find out what each team member wants to do and what they excel at. Then figure out how you can divide and conquer the challenge before you.

Teamwork isn't always the ideal working environment for everyone, as many people prefer to work on their own, or won't be happy unless they can control every detail. However, the combined power of any team is a force to be reckoned with — and the best teams often do the best work.

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Bravely taking on challenges

Emily's story

Emily LaFleur is a young woman who is deaf and was looking for work while she studied to become a photojournalist. LaFleur tried for a very long time to find work on her own but it was difficult. After completing high school, she contacted the Canadian Hearing Society (CHS).

"CHS helped me develop my resumé and tailor it to the specific job I wanted," LaFleur said.

When LaFleur was going through the hiring process with Swiss Chalet, CHS helped her with the interview process and ensured there was an interpreter.

"As the employment consultant from CHS introduced me to the manager before my interview, I kept telling myself, 'Be brave, be brave, be brave,'" LaFleur said. "When Swiss Chalet hired me as a hostess, I was truly terrified. It was scary enough that it was my first job and even scarier because I am deaf. How would the public respond to me?"



SHUTTERSTOCK

LaFleur says bravery is needed on an ongoing basis — bravery from her and her customers in making efforts to figure out ways to communicate whether being seen clearly for lip-reading, writing back and forth, gesturing or signing.

"I am always impressed when a hearing person attempts to express themselves with gestures, even if they don't know American Sign Language," she said.

LaFleur says that like many others, she is saving for her future, putting herself through college and learning about the world of work.

"I am so grateful to CHS, my trainers, the managers, the business owners and my amazing team of co-workers at Swiss Chalet for their support and for giving me a chance to show I can accomplish the same things as anyone else," she says. "At Swiss Chalet, I have been given the opportunity to feel like I belong."

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Post-Halloween Snack. Creamy Kiss Dip & Apples



This recipe makes 12 bars. EMILY RICHARDS

This is a twist on everyone's favourite caramel apples. But you just dunk wedges into the dip and enjoy.

You can also refrigerate the dip until it's cold and use it as a cake filling or icing for cupcakes.

1. Place caramels and kisses in saucepan with cream and melt over low heat.

Stirring occasionally, melt mixture until smooth.

2. In a large bowl, beat cream cheese until smooth. Slowly add kiss and caramel mixture into cream cheese while beating until smooth. Beat in vanilla. Serve with apple or pear wedges, strawberries or cookies.

EMILY RICHARDS

Ingredients

- 12 caramels, unwrapped
- 10 Halloween kisses, unwrapped
- 1/4 cup (60 ml) 5% light cream
- 1/2 cup (125 ml) light cream

- cheese, softened
- 1/2 tsp (2 ml) vanilla
- 4 apples, cored and cut into wedges

Graveyard Goop. This dish is ideal for little goblins or big zombies who will Monster Mash at your get-together



DINNER EXPRESS
Emily Richards
food@metronews.ca

Have fun this Halloween and create a dip that is ghoulishly delicious.

Black beans are made into a creamy dip with a hint of cumin and garlic to keep away any truly scary monsters.

Buttering the flour tortillas will give your tortilla dipping tombstones have an extra special taste.

Enjoy this with the kids before they go out for their treats and it will certainly put them in the mood to have a ghoulish time.

1. In a food processor, purée the black beans until fairly smooth. Add the soft-

Ingredients

- 1 can (19 oz/540 ml) black beans, drained and rinsed
- 1/2 cup (125 ml) cream cheese, softened
- 1/4 cup (50 ml) finely diced onions
- 1/4 cup (50 ml) 5% cream
- 3/4 cup (175 ml) shredded cheddar cheese

FLASH FOOD



From your fridge to your table in about 30 minutes or less

ened cream cheese, finely diced onions and cream, and purée until smooth. Pulse in shredded cheddar cheese, garlic and cumin until combined. Spread into 9 or 10 inch (23 or 25 cm) pie plate and sprinkle olives in centre. Sprinkle lettuce around edges. Cover and refrigerate for at least 30 minutes.

2. Meanwhile, cut out ghostly shapes like tombstones, cats and pumpkins out of flour tortillas. Brush with butter and place on baking sheet. Bake in 400 F (200 C) oven for about 8 minutes or until just golden. Let cool completely.

3. Place some of the toasted tortillas into the dip to create a graveyard scene and serve remaining tortillas alongside.

- 1 large clove garlic, minced
- 1/2 tsp (2 ml) ground cumin
- 1 can (200 ml) ripe sliced olives, drained and rinsed
- 1/2 cup (125 ml) shredded romaine lettuce or baby spinach
- 4 small whole grain tortillas
- 1 tbsp (15 ml) butter, melted



This recipe makes 2 1/2 cups (625 ml). EMILY RICHARDS

Ooey gooey before they head off to oogie boogie

Before your little ones head out for Halloween on Friday, ensure they are full with these Easy, Breezy and Cheesy Quesadillas.

1. Heat oil in a large skillet over medium-high heat. Add onion and peppers, stirring for 4 to 8 minutes until vegetables are tender and lightly browned. Remove vegetables from pan and set aside.

2. Lightly coat one side of a tortilla with canola oil and place oil side down in a skillet over medium heat. Add 2/3 cup of the Taco Nacho

cheese evenly on the tortilla, followed by 1/3 of the vegetable mixture. Next, layer 2/3 cup of Mozzarella cheese evenly over top of the vegetables. Place a second tortilla on top and brush lightly with oil.

3. Cook quesadilla for 4 to 6

minutes, flipping once, until cheese is melted and tortillas are lightly browned. Repeat with remaining ingredients.

4. Cut each quesadilla into eight pieces, and serve warm with sour cream and salsa.

NEWS CANADA/ FB.COM/SAPUTO.CA

Ingredients

- 1 onion, diced
- 1 red pepper, seeded and diced
- 1 green pepper, seeded and diced
- 6 tortillas, medium-sized

- 1 tbsp (15 ml) canola oil
- 4 cups (1,000 ml) Saputo Mozzarella or Taco Nacho shredded cheese
- Sour cream and salsa, optional

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If he's a free man

Pistorius would be welcome in Rio: Organizers

Brazilian Olympic and Paralympic organizers would welcome Oscar Pistorius to compete at the 2016 Games in Rio de Janeiro if the South African runner is eligible.

The double-amputee athlete began a five-year jail sentence last week for killing girlfriend Reeva Steenkamp, but he could be released after 10 months.

"He was judged by the South African judicial system. As soon as he fulfils his obligations with that system he will be a free man and a free man is entitled to compete wherever he wants," said Rio 2016 communications director Mario Andrada on Tuesday in London.

THE ASSOCIATED PRESS

South Africa's captain

Police release suspects' images in Meyiwa's death

South African police on Tuesday released facial images of two suspects who are wanted for the shooting death of Senzo Meyiwa, the national soccer team captain.

Police specialists created the images from descriptions provided by witnesses to Sunday's killing of Meyiwa, a popular figure whose death in an apparent house robbery shocked South Africans accustomed to violent crime.

Meyiwa, a goalkeeper for South Africa and club team Orlando Pirates, will be buried on Saturday.

THE ASSOCIATED PRESS

Hockey night was an afterthought



THE HOCKEY NEWS
Murray Pam
ottawa@metronews.ca

Last Saturday's Ottawa Senators game wasn't supposed to be anything special. It marked No. 6 on the calendar out of 82. Sadly, it became much more than that.

Earlier in the week, Warrant Officer Patrice Vincent was hit purposely by a car while walking with a colleague in Saint-Jean-sur-Richelieu, Que. Vincent succumbed to his injuries.

And here in our city, Cpl. Nathan Cirillo, a reservist from the Argyll and Sutherland Highlanders regiment based in Hamilton, Ont., was ruthlessly murdered one week ago while performing a prestigious duty: guarding the Tomb of the Unknown Soldier.

The tragic deaths of Warrant Officer Vincent and Cpl. Cirillo affected us all in different ways. On Saturday night, the Canadian Tire Centre was a perfect canvas to honour these fallen heroes and others who dedicate their lives to protecting us, including Parliament Hill Sergeant-at-Arms Kevin Vickers. Inside Parliament, Vickers eventually shot and killed the assailant who had killed Cirillo moments earlier.

The commemoration also gave Canadians, especially the residents of Ottawa, an opportunity to begin the healing process and to take back the city that was temporarily stolen from them.

It was a night when hock-

ey, Canada's national pastime, brought us together — much like the singing of the Star Spangled Banner at the 1991 NHL All-Star game in Chicago during the Gulf War and the first time ball players took to the diamond at Yankee Stadium after 9-11.

The Senators and Devils players, along with officials intertwined around the centre-ice circle, surrounding members of the Argyll and Sutherland Highlanders and the anthem singer, retired OPP constable Lyndon Slewidge, were a sight to behold.

The familiar strains of O Canada echoed throughout the building. The emotional ceremony transcended the game itself. The Senators-Devils matchup was an afterthought.

It wasn't about who won or lost. For the record, the Devils defeated the Senators 3-2 in an entertaining overtime tilt.

The important thing Saturday night was that the game went ahead, something that just couldn't happen last Wednesday.

Senators right wing Bobby Ryan, an American from Cherry Hill, N.J., who spent much of his adolescence in Canada and is now a transplanted Ottawan — his contract says eight years here — summed it up by saying Saturday night's rendition of O Canada "is something I will always remember." As will we all.

Those wishing to lend support to the families of Warrant Officer Vincent and Cpl. Cirillo can do so by donating to the Stand on Guard fund at one of Canada's major banks.



The Canadian Tire Centre commemorated the loss of Cpl. Nathan Cirillo and Warrant Officer Patrice Vincent before Saturday night's game between the Senators and the New Jersey Devils. MURRAY PAM/METRO

CSA threatening female players: Lawyers



French international Camille Abily, right, has pulled out of the players' lawsuit against FIFA and CSA under pressure, say lawyers. SEBASTIEN BOZON/AFP/GETTY IMAGES

The Canadian Soccer Association has dismissed allegations that it has targeted players involved in a legal challenge to the use of artificial turf at next summer's Women's World Cup in Canada.

"No such threats were made and any suggestion that Canadian Soccer Association officials engaged in any wrongdoing is completely baseless," the CSA said in a statement.

Lawyers for a group of elite female players involved in the human rights challenge allege that the women are being pres-

sured to drop their lawsuit.

In a letter Monday to the Human Rights Tribunal of Ontario, the lawyers said "the Canadian Soccer Association (CSA) and FIFA — aided by national federations — have threatened reprisals against a coalition of the world's best female soccer players for bringing this sex discrimination action." The women asked the tribunal for a cease-and-desist order.

The players allege that Mexican international Teresa Noyola was told she would not be invited to play for the

Mexican national team unless she withdrew her name from the legal challenge. They also say French internationals Camille Abily and Elise Bussaglia "were led to believe that their continued participation in this action would lead to retaliation by FIFA in the awarding of the 2019 women's World Cup (to France)."

All three have since pulled out of the complaint, although lawyers for the group say 20 players have stepped forward to replace them. The total number now is 62. THE CANADIAN PRESS

4 SPORTS

NBA

M.J. says being a player was easier than ownership

Michael Jordan is learning how to win without scoring a basket.

His Charlotte Hornets are winning and enter the season with high expectations. Jordan appears to be changing the losing culture around his franchise.

The six-time NBA champion talked Tuesday about how gratifying winning a seventh would be.

Jordan said helping the Hornets win their first NBA title as an owner is something that drives him in his post-playing career. He said it would be more rewarding because it's tougher being an owner than a player.

"I can impact the game in shorts and tennis shoes," Jordan said. "When I had those on it was easy to prove people wrong. It's hard to do that now when I have a suit on. I have to rely upon other people understanding my message and my focus."

Charlotte is coming off a 43-39 season and Jordan hopes that with Lance Stephenson joining Al Jefferson and Kemba Walker, the building blocks are place for his small-market team to make a run at the title. **THE ASSOCIATED PRESS**



Michael Jordan on Tuesday in Charlotte, N.C. **THE ASSOCIATED PRESS**

Raps at centre of Canadian hoops surge

'All you need is a ball.'
It might be hard to envision hockey losing No. 1 status in Canada, but there are signs basketball could contend

The familiar sounds of balls swishing through nets and high tops squeaking on the court filter out of HoopDome on a busy October night. The basketball facility at Downsview Park in Toronto is bustling with players all working on their game.

And it's a game that's booming in Canada.

"Within 10 years, the Raptors are going to be the most popular team," outgoing MLSE CEO Tim Leiweke told a group of students at Ryerson University last month. "They will be more popular than the Leafs in Toronto. Promise you."

On the surface, it seemed it could be dismissed as hype

Northern uprising

12

Canada has a record 12 players on NBA rosters this season, the most of any country outside the U.S.

— Canada lives and breathes hockey, after all — but if you dig deeper, there is logic behind the Maple Leaf Sports and Entertainment president's prediction.

As the Raptors begin their 20th season Wednesday night at the Air Canada Centre, four months after their playoff run captured the city's imagination, it's clear Canada's only NBA team is at the centre of a perfect storm.

At all levels, from amateur leagues to the NBA, the sport's popularity is growing in Canada, thanks to factors like a new wave of top-shelf Canadian talent.

Toronto-born 2013 and 2014 NBA No.1 draft picks, Anthony Bennett and Andrew Wiggins, have ushered in a new era. Canada has a record 12 players on NBA rosters this season, the most of any country outside the U.S.

"A lot of (the popularity) is driven by the fact that this is the first generation of kids who've grown up with a team in the country," says Dan MacKenzie, vice-president and general manager of NBA Canada.

Basketball is a "youthful sport," he says, adding 57 per cent of NBA fans are under the age of 35.

Canada's changing demographics is also helping fuel an

influx of basketball fans.

MacKenzie said around 250,000 people immigrate to Canada every year from China and the Philippines, two countries where basketball is the No. 1 sport.

Sure, basketball in Canada is growing, but could it really eclipse the popularity of the good ol' hockey game?

At the amateur player level, hockey registration is sluggish. Around 235,900 players were registered in the 2012-2013 Ontario Hockey Federation season, only a slight increase from the just over 233,400 registered in 2008-2009.

Hockey ranked sixth on the 2014 Canadian Youth Sports Report's list of sports perceived as most likely to result in injuries, while basketball didn't even crack the top 10. In the same report, popular team sports such as basketball, volleyball and soccer cost 25 to 50 per cent less than the average. Hockey came in as the second most expensive of all 44 sports studied, with an annual average cost of \$1,666.

Mike Jonathan, a Raptors fan who shoots hoops in a men's league at HoopDome three to five nights a week, describes a different scene in his sport.

"All you need is a ball," he says.

TORSTAR NEWS SERVICE



Raptors power forward Amir Johnson plays with Jaiden Bolianatz-Lerch during a basketball academy at Toronto's Humber College in July. Dan MacKenzie, vice-president and general manager of NBA Canada Basketball, says 57 per cent of NBA fans are under the age of 35. **RICHARD LAITENS/TORSTAR NEWS SERVICE**



The Raptors open their season on Wednesday night when the Atlanta Hawks visit Air Canada Centre. Scan the image with your Metro News app for more news from around the NBA. **CLAUS ANDERSEN/GETTY IMAGES**

Free agency looms over World Series standouts

Giants star Pablo Sandoval dug into the batter's box in Game 5 of the World Series, peering out at Royals ace James Shields standing on the mound.

By next month, both of them could be wearing different jerseys.

San Francisco was trying to wrap up its third championship in five years when it returned to Kansas City for Game 6 on Tuesday night. But once the Fall Classic ends, the attention shifts in a matter of days to free agency that looms for several



Go to metronews.ca to see how Pablo Sandoval and the Giants fared in Game 6 in Kansas City. **GETTY IMAGES**

players from both teams.

"It's the business of baseball," Royals outfielder Josh

Willingham said.

Sandoval is the biggest name looming for San Fran, but there's also World Series starters Jake Peavy and Ryan Vogelsong, reliever Sergio Romo and outfielder Michael Morse.

Shields is the most critical piece in limbo for Kansas City. Willingham and fellow outfielders Nori Aoki and Raul Ibanez also face uncertainty. DH Billy Butler has a pricey club option for next season, so he could be hitting free agency, too. **THE ASSOCIATED PRESS**

NFL

Bailey hanging up his cleats

Champ Bailey is retiring after a 15-year NFL career that included a dozen Pro Bowl selections, more than any cornerback in history.

Bailey's agent, Jack Reale, said from Atlanta that Bailey was still drawing interest from teams wanting him to play this season but he decided to pursue other opportunities.

Bailey, 36, spent his first five years with Washington and his last 10 in Denver where he was long seen as the game's top cornerback.

THE ASSOCIATED PRESS

Mr Hockey. Gordie Howe resting after stroke: Report

The Detroit News says hockey legend Gordie Howe suffered a "serious stroke" on Sunday.

Dr. Murray Howe, son of the 86-year-old Hall of Famer, told the Detroit newspaper that his father has lost some function on one side of his body and has difficulty speaking. The report says "Mr. Hockey" is resting at his daughter's home in Lubbock.

"Wishing my friend Gordie Howe all the best, you're in all of our thoughts and prayers," said Prime Minister Stephen Harper in a tweet



Gordie Howe
GETTY IMAGES FILE

from his verified account.

Howe played 25 seasons with the Detroit Red Wings, won four Stanley Cups, six

Hart Trophies as the NHL's most valuable player and six Art Ross Trophies as the league's leading scorer.

He debuted with the Red Wings in 1946 at the age of 18 and quickly became a leader on the team.

THE CANADIAN PRESS

2014 Mercedes-Benz B 250

- **Type.** Five-door, front-wheel-drive hatchback/tall wagon
- **Engine.** 2.0-litre inline turbocharged four-cylinder (208 hp)
- **Transmission.** Seven-speed automatic
- **Price.** \$32,575 base, \$37,095 as tested

Market position

Entry-level model for Mercedes-Benz Canada, never available in the U.S., although the U.S. will soon get an EV version (no word on EV for Canada). Shares front-drive platform with CLA sedan. Sports Tourer is M-B's way of describing a vehicle that is much like a big hatchback, or a tall wagon with a rear liftgate.

Points

- 2-litre turbo produces 248 lb.-ft. of torque.
- Automatic is a 7-speed dual clutch, which can be shifted with steering wheel paddles.
- One of the few non-hybrid models with an automatic stop/start function, which is disabled in Sport mode.
- Only one trim line and no all-wheel-drive option.
- Built in Germany.
- Typical Mercedes interior.



The tall wagon offers ample cargo space and rear leg room.

Safety features

Eleven air bags, rain-sensing wipers, safety systems including collision-prevention assist, attention assist, and adaptive brake with hold function, ABS with brake assist, stability and traction control, tire-pressure loss warning, run-flat tires, weight-sensing airbag system, LED daytime headlights and Bi-Xenon headlamps.

Small tourer packs some punch

PHOTOS: MIKE GOETZ



Review. The Mercedes-Benz B 250 Sports Tourer straddles the hatchback/wagon style to good effect

MIKE
GOETZ
drive@metronews.ca

Mercedes-Benz has always treaded carefully in lower-priced vehicle classes. The profit numbers probably start to get wonky when you're determined to develop a premium model in a segment where consumers aren't prepared to pay premium prices. And there's always that luxury brand image to protect.

So we get vehicles like the Mercedes-Benz B 250 Sport Tourer, the company's current entry-level model, which is not heavily marketed and is a bit slippery to categorize.

The small, luxury people mover with a liftgate is ac-

tually shorter than a Honda Civic or Toyota Corolla, but seems larger in person, probably due to its prominent front grille and its big interior box, which offers an impressive 1,547 litres of cargo space when the rear seats are folded forward. That's almost as much as the VW Tiguan, and the VW crossover is about 25 cm longer.

There's lots of legroom in the rear seats, too, thanks to a huge cavity under the front seats that swallows your feet.

But the driver's seat is where you want to be, with a very tall-in-the-saddle feel and lots of German-engineered trim pieces and materials.

However, I'm not a fan of the console-mounted controller you must use to access almost everything on the non-touch information screen. The screen is no beauty, either, perched on top of the dash like an afterthought.

On the move, the B 250 is all Mercedes-Benz. I don't re-



The driver's seat is where you want to be, with a very tall-in-the-saddle feel. But the location and controller for the information screen are disappointing.

member anything this short having such a big, comfortable ride. It virtually glides over bumps and potholes.

There are also 11 airbags and a few active safety technologies, such as collision-prevention assist (predicts collisions and prepares the braking system), attention-assist (senses drowsy-driver behaviour and advises you to take a rest when neces-

sary), and adaptive brake hold (keeps the vehicle from rolling backwards when stopped).

The B 250 has a 2.0-litre turbocharged inline four, with 208 horses and 248 lb.-ft. of torque, hooked to a seven-speed dual clutch automatic transmission. To get those torque numbers, a big turbo is on-board, but big turbos come with more

Compare



1 BMW X1
Base price: \$39,085
Sporty, at some expense to ride comfort. All-wheel-drive and 300-hp turbo six options.



2 Audi Q3
Base price: \$37,895
Based on VW Tiguan. All-wheel drive available, but no diesel. Beautiful interior.



3 Lexus CT 200h
Base price: \$32,995
High on fuel efficiency, low on refinement and luxury.

turbo lag, which is quite noticeable.

The B 250 also has a selectable Eco mode, which, among other fuel-saving initiatives, enacts an automatic stop/start feature for the engine, like we see on gas-electric hybrids.

Turbo lag, combined with stop/start, does not make for a good launch feel. But since both features contribute to fuel savings, getting used to the quirky launch could be worth your while.

So there are a few quibbles with the B 250, but its major attributes — Mercedes-Benz swag and safety, beautiful ride, space efficiency, and premium at-the-wheel feel — easily had me in its corner by the end of our week together.

5 DRIVE

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

No matter how fast you work today you won't be able to get on top of your schedule, so just tackle what needs to be done at your own speed and don't worry about the timing.

♉ Taurus

April 21 - May 21

Don't get so absorbed in a work or social issue that you miss the signals a loved one is sending you. Mundane matters can wait — relationships cannot.

♊ Gemini

May 22 - June 21

It may sadden you that a loved one feels unhappy with what you're doing. But, the more you try to convince them it's OK, the more anti they are likely to get.

♋ Cancer

June 22 - July 23

According to the planets you want to do one thing but your subconscious mind says you should be doing something else. What matters is that you do something — right now.

♌ Leo

July 24 - Aug. 23

Don't get uptight if things don't go the way you want them to. The best way to deal with challenges is to place yourself in a situation where you are forced to find a solution.

♍ Virgo

Aug. 24 - Sept. 23

The longer you spend thinking about what course of action to take next, the less likely it is you will do anything. Focus on whatever idea comes first.

♎ Libra

Sept. 24 - Oct. 23

You will be so sensitive to others' moods today that you may prefer to be by yourself for a while. That's perfectly fine.

♏ Scorpio

Oct. 24 - Nov. 22

Whatever challenges you have to deal with today, try not to attach much importance to them. What matters is that you save your energy for the more serious issues which lie ahead.

♐ Sagittarius

Nov. 23 - Dec. 21

Certain people seem determined to find fault with your performance. Now that you know that, you can take steps to make sure your performance is excellent.

♑ Capricorn

Dec. 22 - Jan. 20

Others will rush this way and that way today, trying to get on top of things but you will take it all in stride. Just make sure you don't get so laidback that you neglect certain responsibilities.

♒ Aquarius

Jan. 21 - Feb. 19

Try not to be so driven in your pursuit of success. Be ambitious by all means but don't lose your sense of perspective. You know there are more important things than fame and fortune.

♓ Pisces

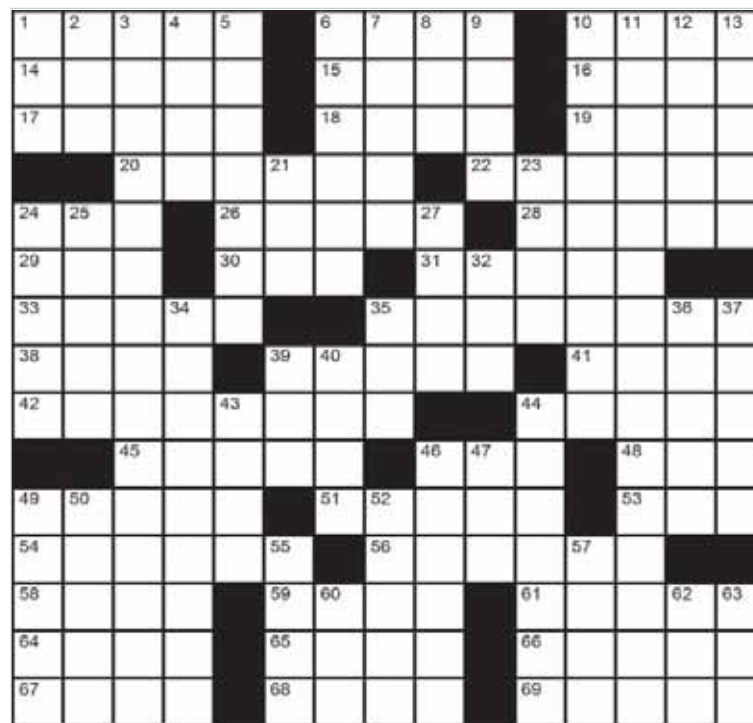
Feb. 20 - March 20

If your instincts tell you not to ask too many questions then you will have no one but yourself to blame if you hear something you don't much like.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Patron's passage
6. Pre-DVD machines
10. Tartaned one
14. Like a no-victor-yet match
15. American restaurant chain
16. Eugene O'Neill's daughter
17. Bread-making verb
18. "The Green Hornet" character
19. Tussle tresses
20. Causes fury
22. "...a will, ___ a way."
24. Crooner Mr. Boone
26. Lizard type
28. Be indebted: 2 wds.
29. "La Isla Bonita" line: "Te dijo te ___."
30. Kris, to Kourtney
31. Incan site, ___ Picchu
33. Lee-Enfield, for one
35. High quantity of omega-3 in which North Atlantic fish?
38. Greek war goddess
39. Oil: French
41. Alphabet sequence
42. Ding-donger
44. Q. "Is '___' abbreviation for Tuesday's follower?"
- A. "Yes."
45. Ontario rural community



46. Office neckwear
48. Long ago time
49. Screen legend
- Greta
51. Norwegian ...in Norwegian
53. Hit the slopes
54. "I'm fine with that." = "___"
56. Spectacular

58. Whirring sound
59. Type size
61. Reality series for Lisa Vanderpump, to fans
64. 'Buck' suffix
65. Tehran's land
66. Muhammad Ali's daughter
67. Dish soap brand
68. Brand name

- breath mint
69. Salts sort
- Down**
1. Diving bird
2. Holiday's follower
3. July Black hit featuring Demarco: 4 wds.
4. Temporarily give money
5. Final stage

6. Dragons new to CBC's "Dragons' Den": Restaurateur, ___ Vij ...and #44-Down...
7. BC: ___ Provincial Park
8. Decay
9. Predicament
10. "West Side Story" (1961) song
11. Canadian History:

- Canoe-travelling fur traders of the woods in New France: 3 mots
12. Commencement
13. 1817 poem by #34-Down, The Lament of ___
21. Bigheadedness
23. Pig part
24. Peeled
25. ___ acid
27. George Clooney's new wife
32. Hotshot
34. Romantic poet from England (b.1788 -d.1824): 2 wds.
35. Rich dollar amt.
36. Canadian showbiz news show
37. Monday: French
39. HRH part
40. ___ Bator, Mongolia
43. Explosive sound!
44. As per #6-Down... Financier, Michael ___
46. Absent without permission
47. AOL, e.g.
49. Spoil: 2 wds.
50. Director Mr. Kurosawa
52. Grouch on "Sesame Street"
55. Legendary
57. George Gershwin's 'Blue' musical work, briefly
60. 'Ump' suffix
62. Gumball brand, Rain-___
63. Camera-loving actor

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers



Sudoku

How to play

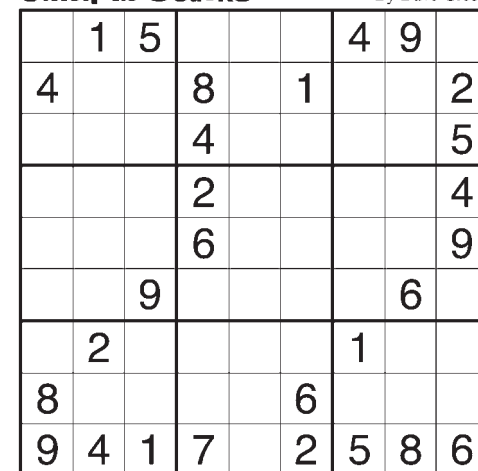
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Conceptis Sudoku

By Dave Green



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